THE DEVELOPMENTAL SERVICES HOUSING TASK FORCE

P4P DIGITAL GUIDE

An overview of the first round of proposals selected from across Ontario in 2015:

10 INNOVATIVE HOUSING SOLUTIONS

Designed for people with developmental disabilities



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- **HOME** is the source of life itself...where our dreams, strengths and relationships evolve, **GROW** and flower within our community.

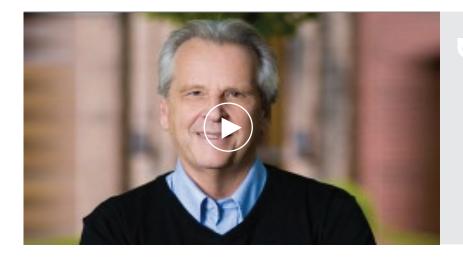


What is the Developmental Services Housing Task Force?

Today in Ontario 12,000 adults with developmental disabilities are in need of housing. The Developmental Services Housing Task Force was created to find solutions to this crisis faced by vulnerable adults and their concerned families.

Ron Pruessen, a history professor at the University of Toronto, has been actively involved in advocacy in the developmental services sector for 15 years. Ron is the proud father of 38-year old Caroline, who is living with a disability.

Ron chaired the Housing Study Group that recommended the creation of a housing task force in its 2013 report Ending the Wait: An Action Agenda to Address the Housing Crisis Confronting Ontario Adults with Developmental Disabilities. In April 2014, Ron was appointed as chair of The Developmental Services Housing Task Force.



The proposals testify
to a powerful readiness
by individuals, families,
communities and agencies
to think creatively as they
search for solutions.

~Ron Pruessen

In March 2015, the Task Force reviewed 80 proposals for innovative housing solutions that could be replicated in other areas of the province.

This guide provides an overview of the first 10 projects selected by the task force to help expand the range of housing options and choices for adults with developmental disabilities in Ontario.

A second call for proposals was announced in early 2016, with a submission deadline of March 15th. The Housing Task Force will complete its review of these proposals by end of summer 2016.



City of Toronto

Currently there are no housing options offered in Toronto aimed at helping homeless individuals living with developmental disabilities. This project targets a hard-to-reach subset of Toronto's homeless population: individuals with significant complex, co-morbid (ie. dual diagnosis) health, substance use and mental health issues.

Referrals will be accepted from staff within City of Toronto shelters, Seaton House and Women's Residence and outreach staff at Streets to Homes. Once a 'quick assessment' confirms mental health, cognitive or functional impairment are present and eligibility for Developmental Services Ontario (DSO) status is confirmed, the individual qualifies to enroll in the program. An Adult Protective Services Worker (APSW) will be assigned to each participant during the transition in addition to a Housing Counsellor and Follow-Up Support Counsellor. The Inner City Family Health Team will provide clinical leadership.

This initiative aligns with the City of Toronto's **George Street Revitalization Project**, and **Housing First** models.

In their own words WHY IT MATTERS

Unassessed developmental disabilities coupled with histories of street involvement, transience and inconsistent adherence to planning approaches requires 'out of the box' thinking.

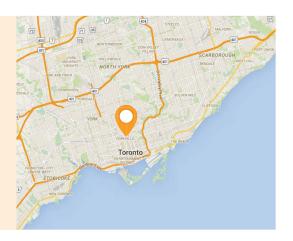
Due to these groups' chaotic lives as long term street-involved individuals, significant barriers exist to access housing solutions addressing complex needs. Integrating services and supports provides streamlined access while endeavoring to meet those needs.

The project aims to provide rich learning for all, and replication of this model in full or part across the province. The partners form a multi-disciplinary team providing intensive, holistic, flexible, and creative service and supports to these at-risk individuals.

- Increasing street/shelter outreach and engagement tools and techniques to appropriately target, identify and engage homeless adults with intellectual and developmental disabilities
- Person-centered assessment and rehabilitation approach ensuring that participants have plans personalized to their needs, and treatment choices to meet their own housing and recovery goals through the lens of a Housing First Model with 25 Housing Allowances (\$400 per month towards rent) provided in support of the program by the City of Toronto
- Sustained changes to policy and practice, innovations into system-wide changes; creation of lasting community partnerships; evidence-based practices and future best practices



- Ontario Ministry of Community and Social Services
- City of Toronto, Shelter Support and Housing Administration Division
- Community Living Toronto
- Inner City Family Health Team
- Developmental Services Ontario | Toronto Region



KEY LEARNINGS + OUTCOMES

- Working closely with scientists and researchers to collect data on an ongoing basis, with an interim one-year report, and a final evaluation to be released, with the hope that research will help inform system transformation
- Identify gaps in service for this group, recommend and support system improvements to increase housing and shelter options for homeless adults with intellectual and developmental disabilities

For more information on this proposal please contact:

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Community Living Campbellford/Brighton

Over two years, the Community Hub Residential Model (CHR Model) will unite developmental and health services to support individuals with intellectual disabilities, enhancing their quality of life and reducing time spent on residential wait lists.

Direct Support Professionals (DSP) based in a central 'hub' will provide predetermined hours of support, along with spontaneous support on a 24-hour basis, for people in numerous housing locations within a 20 km radius of the 'hub'. Supports could include: financial management, assistance with daily living activities, managing a home, developing community connections, and linking and coordinating all relevant community services.

The model is ideal for people requiring higher levels of support than the typical supported independent living (SIL) or Host Family program can provide. It also suits those who do not require medical monitoring or 24-hour onsite supervision that would potentially be provided in a group home or long-term care home.

In their own words WHY IT MATTERS

The CHR Model provides people with the 'right level of support at the right time' to positively impact quality of life for participants.

Through pursuing meaningful partnerships, our aim is to create an environment where community, health care and developmental service resources are used more efficiently, thereby effectively securing this project's sustainability.

In March 2017, we look forward to reporting the results of the Community Hub Residential Model pilot project.

- The CHR Model may be offered in a variety of settings including apartments, senior residences, social housing buildings, or in a person's own home
- Collaboration with Geriatric Assessment Intervention Network (GAIN), a network of coordinated health care services working together clinically and educationally, which includes 12 inter-professional teams, based in hospitals and community organizations
- · Integration of services between primary care, home/community care, and acute care



- Community Living Campbellford/ Brighton
- Campbellford Memorial Hospital (CMH)
- Geriatric Assessment and Intervention Network (GAIN)
- Community Care Northumberland
- Community Care Access Centre (Home Care Services)
- Victorian Order of Nurses (VON)
- Health Link (Local Health Integration Network
- Trent Hills Palliative Care Collaboration Committee
- The Campbellford and District Community Mental Health



KEY LEARNINGS + OUTCOMES

- Increased community capacity to serve the needs of people with intellectual disabilities, ultimately improving their quality of life, while reducing of unnecessary emergency department visits, hospital admissions and institutionalization
- Strengthened partnerships with community health care organizations to address the needs of people with intellectual disabilities and provide wrap-around health care services
- Within the next two years it is expected that the Community Hub Residential Model will employ 5.29 full-time equivalent positions and support at least six people; ultimately, the aim is to replicate the CHR Model in rural areas across Northumberland County and beyond

For more information on this proposal please contact:

Nancy Brown, Executive Director | nbrown@communitylivingcampbellford.com | 705-653-1821 ext. 211



Innovative Housing Project Advisory Group

Diverse by design, this individualized, replicable innovation involves the active participation of eight distinct everyday citizens with varied lives, homes, community involvement, valued roles and supports.

It is a project rooted in eight humble beginnings, what some might view as inconsequential or small: a word, a sound, some actions, an expression, a grimace, some jumping, a phrase or even some thoughts – all leading to deeper listening, more conversation and, finally, connecting the dots to convey the individual's desire and direction for having their own home.

The project is built upon these simple beliefs:

- People can live in their own home no matter the challenges, complexities or disability experienced
- Individuals with complex challenges are best supported through tailored approaches they develop
- When people contribute in valued roles, meet people and get connected they are safer they are known in their natural neighbourhood and community of choice; they are missed when not present

In their own words WHY IT MATTERS

Our family members wanted change: more independence, more space from us. We listened and began working to move goals forward, in our own way, over many years - intentional about prioritizing amidst complex daily challenges.

It matters that each person has tailored supports separate from housing. Having control over resources and continued support of family/circles, partners and independent facilitation, works together to ensure stronger voices.

It matters that our family members continue to create/enhance their tailor-made home options whether buying, renovating or renting and continue to direct their lives, make choices, give their time and talents while expanding relationships.

- Looking to 'community first' to collaborate and build individualized solutions; exploring housing resources and programs available to all citizens ie. beyond the limits of the disability sector
- Adhering to core principle of separating supports from housing; participants involved in every stage of
 evolving plan; information shared widely among family networks; commitment toward individuals living
 and contributing as everyday, ordinary citizens
- Intentionally supporting and respecting separate roles and new functions for: individuals and their families, independent facilitators, family networks, service providers, partners; embracing intentional shift of power to individuals and families; acknowledging and working through hard questions



Participants

- People and their families
- Friends, neighbours and support teams
- Housing services and local municipalities
- Government
- Family Network
- Private business/builders
- Not-for-profit support agencies
- Independent facilitators

Project partners

- City of Windsor
- Community Living Windsor
- Alliance General Contracting
- Flex Custom Home Solutions
- Windsor and Essex Family Network
- Windsor and Essex Brokerage for Personal Supports



KEY LEARNINGS + OUTCOMES

- Community development work and storytelling will continue including capacity building, leadership development among families, resource creation and community engagement within and beyond the disability sector
- Families already using information gathered over the years will continue next steps on the journey; learnings will be shared with others whether necessary legal arrangements, changes to a program, or partnerships with a local municipality, the learnings will be an eclectic array in keeping with the individualized approaches
- Participants will be actively supported to discover new gifts and capacity, expand relationships and roles and make a positive diff erence and/or contribution in the lives of others

For more information on this proposal please contact:

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Partners for Planning (Toronto)

Adults living with complex developmental, medical and physical challenges have few options for long-term housing.

Health care is a priority yet medical care facilities are not real homes. At the same time, for people with complex needs who want to live and participate in their community, personal support workers lack the medical expertise required. This is the dilemma faced by D and her family.

D's mother cannot sustain her primary caregiver role for the long term. Her knowledge will be used to develop tools and help train community support workers, family and friends who will assist and provide care for D while ensuring she is an active member of her community.

The objective is to develop a sustainable strategy allowing D to live with natural and paid supports in a self-contained area in her family home, while participating fully in her community with all of the medical supports she requires.

In their own words WHY IT MATTERS

For a person with complex needs, health care cannot be the sole priority in their life.

A home is in a community. And living in community - knowing others and being known - is critical to living a meaningful, connected and safe life, today and in the future.

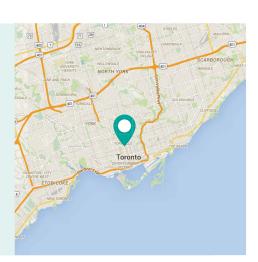
Living in community requires community solutions with the support of family and friends and an emphasis on capacity building, collaboration and innovation.

- This model respects D's choice to live with her family by providing supports to her in her own home
- P4P will connect a strong network of people who are knowledgeable and committed to D's care: the combination of family involvement and a support circle ensure sustainability, promote D's happiness and support her unique needs
- This integrated, sustainable person-centered model leverages government, private sector partnerships, family and other supports



- Family and friends
- Personal Support
 Workers
- Colleges
- Agencies
- Government

Paid and unpaid supports, family members, friends as well as resources in the community such as D's church will participate to ensure that D has a working network of people who will act in her best interests over the long-term, making this a sustainable plan.



KEY LEARNINGS + OUTCOMES

- D's family will create a separate space within the family home so that D, her family and support workers have privacy. Learning how D can be supported in, but separate from, the family home will contribute to a long term sustainable solution for her
- Instructional resources will be developed to help personal support workers ensure D's safety and to provide health care routines in community environments
- A pool of DSW students from local colleges will be trained and will facilitate the hiring of future supporters for D and for others who face similar challenges

For more information on this proposal please contact:

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Durham Association for Family Respite Services (DAFRS)

Brockville & District Association for Community Involvement

The families of DAFRS and BDACI view housing for people with disabilities as a community issue; the intention is to help build vibrant and strong neighbourhoods rooted in diversity by accessing ordinary paths and partnerships.

This collaborative project across two eastern regions - one urban and one rural - will provide information and experiences in a family-to-family learning project.

Some families will use the information and supports to design individualized housing arrangements for their family member within the two-year project, others will work together with local developers as a part of a larger but still not congregated project, and still others will benefit from learnings about access to local social housing. In some parts of the project, all community partners interested in affordable housing will collaborate.

All housing solutions will be designed for and with one person at a time where they are not grouped in terms of disability, but anchored in and contributing to the emergence of diverse and vibrant neighbourhoods.

In their own words WHY IT MATTERS

People with disabilities have important contributions to make to all of community and this can only be done when they live among us all in vibrant and diverse communities.

Secure places of real home are best designed for one person at a time by families and allies with adequate resources and supports to dream, plan, partner, design and implement.

We challenge the assumption that people with disabilities are to be looked after by services (MCSS). Rather than wait for services that will not fit, families want to be actively involved in the conversations and innovations leading to inclusive communities and safe, secure homes for their family members with disabilities.

- A collaborative project across two eastern regions focused on family-to-family learning in order to plan home and housing one person at a time
- Individual, flexible, evolving, person-centered approaches to securing housing solutions through networking and community resources to demonstrate family-led individualized approaches in housing and support
- Separating housing from support requirements maximizes flexibility, portability, and individualized results in typical and valued (non-grouped) settings



- Proactive Families
- Ordinary citizens
- Family support organizations
- Local planners and developers
- Local realtors, financers, and experts
- Regional housing services, and local housing tables

- Durham Association for Family Respite Services
- Brockville and District Association for Community Involvement
- Intentionally Built Community family group
- Durham Housing
- Housing Leeds Grenville
- Wall Street United Church
- Legacy Homes



KEY LEARNINGS + OUTCOMES

- Learning how to creatively imagine and bring about home, housing and supports in uniquely designed homes, one person at a time in a family led context
- Exploration of wide-ranging creative ways of financing, structuring, and affording secure homes into the future, based on ways that works best for other valued citizens
- Sharing learning beyond the immediate families in the project, including written resources and a joint housing forum, so that individuals and families in other regions might benefit

For more information on this proposal please contact:

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Citizen Advocacy Ottawa

The goal of the project is to create future housing security for individuals with disabilities, in perpetuity, through the development of a housing trust program.

The concept of a housing trust will be clearly defined at the outset of the project. Existing approaches in other jurisdictions around transferring of home ownership will be examined.

An exploration of the implications and possibilities for partnerships among individuals with disabilities, their families and the broader community sector will inform recommendations. Consultations with local family groups and stakeholders will seek to generate a "grass-roots" voice of consensus among families in support of transformation.

Development of an action plan includes creation of a governance model to determine whether a new housing trust program should be attached to an existing organization and, if so, deciding upon the selection criteria for said organization; or, alternatively, whether it should be launched as an altogether separate entity.

In their own words WHY IT MATTERS

Families are well aware that the responsibilities and practicalities of home ownership create significant challenges for their adult children with disabilities; supports and oversight are required.

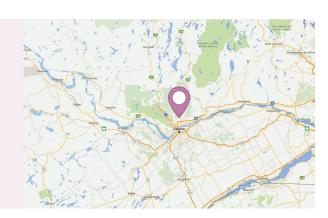
Regardless, families do not want home ownership to be with the same organization providing daily living supports.

Toward this end, families have expressed an interest in bequeathing their home to CAO or some other body that is independent of service delivery. Yet CAO currently lacks the capacity and expertise to facilitate and deliver this type of oversight and support around home ownership and property management.

- Enhanced opportunity for families to leverage community partnerships and to share resources and lessons learned via a dedicated Housing Trust for persons with intellectual disabilities
- Separate planning for housing from planning for supports, leading to enhancement and clarification of roles and responsibilities within the transformation agenda
- Opportunity to combine resources of the Housing Trust with an individual's support resources to enable an individualized housing option, resulting in real and meaningful social inclusion, community engagement and participation



- Citizen Advocacy Ottawa
- People with Disabilities and other informants
- Local family groups
- Families Matter Cooperative
- United Families of Eastern Ontario



KEY LEARNINGS + OUTCOMES

- Key stakeholder interviews, focus groups, analysis, report and recommendations yield: creation of a Housing Trust or similar entity to provide guidance and direction to families wishing to bequeath, with security and confidence, a future home for their family member
- New options to address the capital costs associated with long-term residential support for people with disabilities; an increase in the availability of low-cost housing for people with disabilities
- Fee-for-service market-driven approach to purchasing support for daily living that is not attached to the housing provider

For more information on this proposal please contact:

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Community Living Brant (Brantford)

Community Living Brant is developing a full range of innovative living and support options for adults with a developmental disability which respect personal choice, and are person-focused. The goal is for each person to have a place they call home - individualized as they define it.

In offering a full menu of customizable new housing and support options, CL Brant aims to address support gaps, build capacity and choice, and increase community involvement and contribution for people with disabilities.

In their own words WHY IT MATTERS

Using the Council on Quality and Leadership's Personal Outcome Measures (CQL) was pivotal to realizing our services needed to be different. It taught us what mattered most to people: family, friends, valued social roles, meaningful work and choosing where and with whom one lives.

Our community of staff and individuals requiring support completed wide-range values training to ensure everyone's belief that it's important for people to have a home of their own and a good life. Each training opportunity for our organization helped us become increasingly clear about what needed to change.

- Use of Council on Quality & Leadership's (CQL) tools, including Personal Outcome Measures, to define new organizational direction, goals etc.
- Robust Recruiting: sought new staff to help build capacity and move forward with shift in values and services, while establishing a best practice agency focused on inclusion and interdependence
- Repurposing existing group homes and resources to support new living options for people;
 creating individualized living options with university students and seniors, to build relationships
 and social capital



- Local university/college students
- Local senior groups
- City of Brantford's Affordable Housing project
- Local landlords
- Family, friends and other natural supports



KEY LEARNINGS + OUTCOMES

- Participants will rent an apartment alone, or with a friend, in a large building with shared staff support (with a maximum of five apartments on separate floors); others will become home owners
- Continuing to build Associate Family/ Home Share for people viewed as complicated to support, including people who experience autism
- Supporting Crown Ward Youths to create a supportive living plan that addresses the challenge of moving from a foster or group home to more independent living

For more information on this proposal please contact:

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Montage Support Services (Toronto)

This project provides sustainable residential support for a woman who has complex needs as a result of her dual diagnosis - a high level of anxiety and developmental disabilities.

To date, there have been five attempts at various support arrangements; all have failed and live-in staff have all left due to the nature of the support needed.

This project provides a necessary residential support option that does not presently exist for a person unable to succeed in current existing residential supported living environments.

In their own words WHY IT MATTERS

At Montage we provide people with the supports they need to live a life that reflects what is unique and meaningful to them.

We believe that opportunities to provide support to people in a way that creates less dependence on the developmental service system are rare, especially for people with complex support needs.

By supporting people to become rooted in strategies for success, we anticipate helping them to reduce dependence on in-home supports, thus increasing their coping skills and gaining higher levels of future independence.

- Creation of framework for a life fully based in a community by linking to existing person-directed planning
- · Delivery of planning and employment services to ensure goals are being identified and reached
- Allocation of funding necessary to build valued social roles in the community beyond the fiscal timelines of the project



- Montage Support Services
- Family Service Toronto
- A family who will continue to provide a condominium in which their daughter will live



KEY LEARNINGS + OUTCOMES

- A pilot opportunity to explore individualized support models for people with the ability to achieve independence via concentrated support efforts, enhancing the services Montage and others potentially provide to people in similar situations
- Existing support environments are often in themselves the contributing factors for increased supports and services; Montage aims to demonstrate that people can be better served through individualized approaches
- By supporting this person to become rooted in strategies for success, it is anticipated that she will be less dependent on in-home supports and will gain a higher level of future independence

For more information on this proposal please contact:

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Community Living St. Marys and Area

Community Living St. Marys and Area has a long history of exploring innovative and unique supportive housing options with people over many years.

The lead participant for this project is a young woman, Kaylee, who has always lived at home. Kaylee has begun to transition into a new two-bedroom apartment which she shares with another young woman who has moved out of home for the first time.

In the Neighbourly Homes model, Kaylee (and to a lesser degree her housemate) will receive Neighbourly Support from a family living down the hall. Together they will share some meals, time at home and within the community. The family – who receives a monthly honorarium – also provides assistance overnight and when otherwise needed.

In their own words WHY IT MATTERS

Strongly committed to our values and principles, we take an individualized approach in supporting each person to live well in their community. Everything always starts with the person.

Our Neighbourly Homes model promotes creative partnerships between families, agencies, private sector and local organizations. It's a cost-effective way to support a person, differs greatly from traditional hourly support and improves quality of life for all involved.

With good relationships and partnerships in place, a person with disabilities can enjoy a safe, affordable and desirable home.

- Blending of support styles (paid, self-administered, natural) working together; innovative partnerships between families, agencies, private sector and local organizations
- Person-centered planning improves community engagement, participation, independence and social inclusion
- Advance planning to produce direct indicators used to measure if the plan is implemented as the person desired



- Participant and her family
- POL Quality Homes Inc.
- City of Stratford Housing Division
- Habitat for Humanity

- Developmental
 Services Ontario
- Neighbourly support
- Extended family
- Housemate



KEY LEARNINGS + OUTCOMES

- With time and careful person-directed planning this model of support can be replicated in other communities
- Increases affordable housing in the community, provides the security of home and improves quality of life for the person with a disability
- Models to greater community how people with disabilities can live independently in their own home with support from a neighbour

For more information on this proposal please contact:

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Canadian Mental Health Association

The Canadian Mental Health Association (CMHA) and four regional partners are collaborating to develop this one-year pilot study aimed at helping young people leave the child and youth system to successfully transition to independent living within their community. Housing supplements assigned to CMHA by the Local Health Intergration Network (LHIN) will be dedicated to the pilot. Various levels of support in line with the needs of the young people will be offered by the other partners.

To qualify for the study participants must have a dual diagnosis. Intensive supports will be provided to participants upon their discharge from temporary housing, including for the building of essential life skills: financial, employment, self-care etc.

A consulting firm has been contracted to research best practices, regionally, nationally and internationally. Based on such research, the partners will study, gather data, develop and launch a transition model for this at-risk sector. This model will be tested over the course of one year. Upon reflection and review of its successes and gaps, a longer term transition program will be launched in 2016.

In their own words WHY IT MATTERS

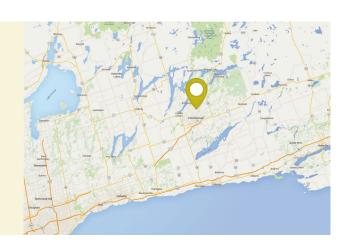
Conversations among our partners and participants have revealed that first attempts at living independently are often unsuccessful for this at-risk sector. General consensus was reached in early planning that a more intentional, well-supported beginning could launch a young person in a more successful way and alleviate some of the ongoing difficulties that can follow a person throughout their life living in community.

Very quickly the group came to an understanding that although urban and rural settings are very different, many of the core difficulties in attaining successful independent living are similar across regions. With the CMHA group contributing both expertise and funding for rent subsidy, the group believes this pilot can and will offer a valuable learning opportunity to the broader sector.

- Contracting of professional consultancy/research based on large-scale best practices, regionally, nationally and internationally
- Implementing a short term pilot study prior to investing in a larger scale program is an effective, financially-sound path toward creating positive future change
- Testing of a model that may be evaluated, altered and/or built upon; model and learnings widely shared; added resources, supports and collaboration to the region, all of which extend to future plans for the project



- Community Living Peterborough
- Canadian Mental Health Association (Haliburton, Kawartha, Pine Ridge)
- Community Living Kawartha Lakes
- Community Living Haliburton County
- Tri-County Community Support Services



KEY LEARNINGS + OUTCOMES

- The development and testing of a model based on five participating youths with dual diagnosis, with the goal of successful transitioning for all five participants in 2016
- Research and learnings from pilot studies shared with mental health sector
- Measurable outcomes to aid development of future goals and projects in support of at-risk youth

For more information on this proposal please contact:

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